



Paulette Bodeman, E-RYT 500, Anusara Certified Teacher.

Paulette's authentic and empowering style encourages her students to step into the flow of Grace and be of open heart. With over fifteen years of meditation experience and dedication to study Paulette offers an effective and inspiring method of teaching meditation. For the past several years Paulette has been adjunct faculty at Scottsdale Community College and was invited to be a member of the team for the College's innovative Yoga Teacher Preparation Program. With a B.A. in Transpersonal Psychology Paulette also enjoys working with students individually. Paulette is deeply grateful to her teachers for their walking the path before her, and their generosity in sharing what they have learned. Visit Paulette's website at <http://stepintotheflow.net>