



Mae began studying and practicing yoga with her mother at the age of 13, and began teaching in 2008. Mae has a great love and appreciation for the yoga community - our kula - and the underlying tantric philosophy. She owes her practice and her ability to teach to her mother, Barbara, and influential teachers Paulette Bodeman, Martin and Jordan Kirk and Jacqui Potokar. Mae also recently graduated from NAU with a degree in Visual Communications and helps Yoga Village with design work.